


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>January 2019</p> <p>Arbors Care Center</p>		9:00 Coffee Social (AR) 1 9:30 Getting to know you 10:00 Hodge Podge AR 12:00 After Lunch Bunch 12:30 Trivia 1:00 Board Games (AR) 3:00 Bingo(AR)	9:00 Coffee Social (AR) 2 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Current Events (AR) 1:00 Board Games (AR) 2:00 Movie Manicure (AR) 3:00 Bingo(AR) 5:30 Hodge Podge AR	9:00 Coffee Social (AR) 3 9:30 Getting to know you 10:15 Penny Anti (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Balloon Toss (AR) 1:30 Hangman (AR) 2:00 Bulls Eye (AR) 3:00 Bingo (AR) 5:30 Active Game	9:00 Coffee Social (AR) 4 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Table Games (AR) 1:00 Tricky Tray (AR) 2:00 Corn Hole Toss (AR) 3:00 Poker/Manicures (AR) 5:30 Movie/ Active games	9:00 Communion 5 9:30 Coffee Social (AR) 10:30 Chair Exercise 11:00 Current Events 12:30 Balloon Bat 1:45 Bingo (AR) 2:00 Hodge Podge (AR) 3:00 Board Games (AR)
9:00 Coffee Social (AR) 6 10:00 Sittercise (AR) 11:00 Table Games 12:30 Rosary (AR) 1:30 Bingo (AR) 3:00 Movie Club (AR)	9:00 Coffee Social (AR) 7 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Poker (AR) 1:00 Crafts 2:00 Sing A Long/nails 3:00 Pokeno(AR) 5:30 Active Game	9:00 Coffee Social (AR) 8 9:30 Getting to know you 10:00 Rosary AR 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Trivia 1:00 Board Games (AR) 2:30 Cooking Club AR 3:00 Bingo(AR) 5:30 Movie/ active Games	9:00 Coffee Social (AR) 9 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Current Events (AR) 1:00 Board Games (AR) 2:00 Movie Manicure (AR) 3:00 Bingo(AR) 5:30 Hodge Podge AR	9:00 Coffee Social (AR) 10 9:30 Getting to know you 10:15 Penny Anti (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Balloon Toss (AR) 1:30 Hangman (AR) 2:00 Bulls Eye (AR) 3:00 Resident Right Bingo (AR) 5:30 Active Game	9:00 Coffee Social (AR) 11 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Table Games (AR) 1:00 Pokeno (AR) 2:00 John&Barbara (DR) 3:00 Poker/Manicures (AR) 5:30 Movie/ Active games	9:00 Communion 12 9:30 Coffee Social (AR) 10:30 Chair Exercise 11:00 Current Events 12:30 Balloon Bat 1:45 Bingo (AR) 2:00 Hodge Podge (AR) 3:00 Board Games (AR)
9:00 Coffee Social (AR) 13 10:00 Sittercise (AR) 11:00 Table Games 12:30 Rosary (AR) 1:30 Bingo (AR) 3:00 Movie Club (AR)	9:00 Coffee Social (AR) 14 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Poker (AR) 1:00 Crafts 2:00 St Stephan's (AR) 3:00 Pokeno(AR) 5:30 Active Game	9:00 Coffee Social (AR) 15 9:30 Getting to know you 10:00 Hodge Podge AR 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Trivia 1:00 Board Games (AR) 2:00 Cooking Club (AR) 3:00 Bingo(AR) 5:30 Movie/ active Games	9:00 Coffee Social (AR) 16 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Current Events (AR) 2:00 Movie/Manicures (AR) 2:00 Food for thought/ Resident Council DR 3:00 Bingo(AR) 5:30 Hodge Podge AR	9:00 Coffee Social (AR) 17 9:30 Getting to know you 10:15 Penny Anti (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Balloon Toss (AR) 1:30 Hangman (AR) 2:00 Nicky D (DR) 3:00 movies / nails (AR) 5:30 Bingo (AR)	9:00 Coffee Social (AR) 18 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Table Games (AR) 1:00 Pokeno (AR) 2:00 Casino Fun (DR) 3:00 Poker/Manicures (AR) 5:30 Movie/ Active games	9:00 Communion 19 9:30 Coffee Social (AR) 10:30 Chair Exercise 11:00 Current Events 12:30 Balloon Bat 1:45 Bingo (AR) 2:00 Hodge Podge (AR) 3:00 Board Games (AR)
9:00 Coffee Social (AR) 20 10:00 Sittercise (AR) 11:00 Table Games 12:30 Rosary (AR) 1:30 Bingo (AR) 3:00 Movie Club (AR)	9:00 Coffee Social (AR) 21 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Poker (AR) 1:00 Crafts 2:00 Sing A Long/nails 3:00 Pokeno(AR) 5:30 Active Game Martin Luther King Day Tu B'Shevat	9:00 Coffee Social (AR) 22 9:30 Getting to know you 10:00 Rosary AR 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Trivia 1:00 Board Games (AR) 2:30 Cooking Club AR 3:00 Bingo(AR) 5:30 Movie/ active Games	9:00 Coffee Social (AR) 23 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Current Events (AR) 1:00 Board Games (AR) 2:00 Ken Johnstone (DR) 3:00 movie/manicures(AR) 5:30 Bingo AR	9:00 Coffee Social (AR) 24 9:30 Getting to know you 10:15 Penny Anti (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Balloon Toss (AR) 1:30 Hangman (AR) 2:00 Bulls Eye (AR) 3:00 Bingo (AR) 5:30 Active Game Take Out Day!	9:00 Coffee Social (AR) 25 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Table Games (AR) 1:00 Pokeno (AR) 2:00 Corn Hole Toss (AR) 3:00 Poker/Manicures (AR) 5:30 Movie/ Active games	9:00 Communion 26 9:30 Coffee Social (AR) 10:30 Chair Exercise 11:00 Current Events 12:30 Balloon Bat 1:45 Bingo (AR) 2:00 Hodge Podge (AR) 3:00 Board Games (AR)
9:00 Coffee Social (AR) 27 10:00 Sittercise (AR) 11:00 Table Games 12:30 Rosary (AR) 1:30 Bingo (AR) 3:00 Movie Club (AR)	9:00 Coffee Social (AR) 28 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Poker (AR) 1:00 Crafts 2:00 Sing A Long/nails 3:00 Pokeno(AR) 5:30 Active Game Australia Day (observed)	9:00 Coffee Social (AR) 29 9:30 Getting to know you 10:00 Hodge Podge AR 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Trivia 1:00 Board Games (AR) 2:30 Cooking Club AR 3:00 Bingo(AR) 5:30 Movie/ active Games	9:00 Coffee Social (AR) 30 9:30 Getting to know you 10:15 Chair Dancing (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Current Events (AR) 1:00 Board Games (AR) 2:00 Ladies/ Men's Club 3:00 Bingo(AR) 5:30 Hodge Podge AR	9:00 Coffee Social (AR) 31 9:30 Getting to know you 10:15 Penny Anti (AR) 11:00 Dining Room Trivia 12:00 After Lunch Bunch 12:30 Balloon Toss (AR) 1:30 Hangman (AR) 2:00 Bulls Eye (AR) 3:00 Bingo (AR) 5:30 Active Game	